



**Bear Valley Center for Spiritual Enrichment**  
*A Religious Science Community*  
"Open at the Top"

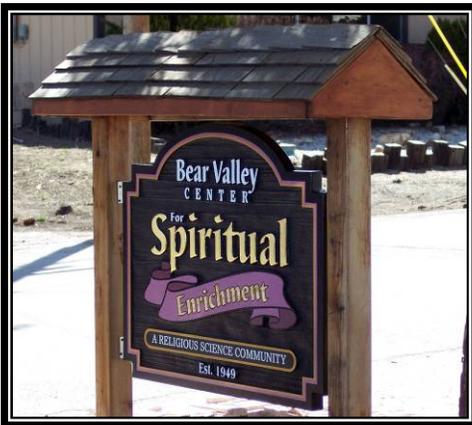
**August 2017**  
**Newsletter**

**Sunday Services, 11:30 a.m.**

578 Bonanza Trail, Big Bear Lake  
(Across the street from the Little Greenhouse florist)  
P. O. Box 4184, Big Bear Lake, CA 92315  
909-866-7100, Email: [info@bvcse.org](mailto:info@bvcse.org). Website: [www.bvcse.org](http://www.bvcse.org)  
501C3 tax ID #95-3685187

*Our purpose is to inspire and nurture spiritual growth by accepting a loving, all inclusive community through teaching, healing, and serving, for the highest good of all.  
We are the Mind of God knowing, the Heart of God loving, and the Hands of God serving.*

**August Topics and Speakers**



**Board Article**

***Be Mindful of your  
Own Happiness***



People can be good, kind, loving, helpful and generous, but not happy. I've known many people like that and, at times, including myself. We are this way for all the right reasons, but we can jeopardize our own happiness.

One of the main reasons for this is taking on too much for our own good. I'm sure many of us have taken on an obligation or project that puts unexpected stress in our lives, makes us crazy, and wonder why we did it. I believe "me time" is a factor that we don't take into consideration. We're optimistic in wanting to be of service, but if we do not take time for ourselves, we put ourselves on "the back burner". We can only do this for so long before it affects our own happiness.

We need to be realistic and learn to balance our lives. If we're not happy with what is going on in our life, who is to blame? More than likely, ourselves. We must put ourselves and our own happiness first.

Take time for yourself. Do the things you love to do that make you happy to be you! We may think it's being selfish, or think that others may think it, but it's not true. How can we be the true and complete person we are if we do not? How can we genuinely be there for others, if we are not grateful for our own happiness?

So, in closing...**DON'T WORRY, BE HAPPY!**

***JC Suffman***

- August 6<sup>th</sup>** **Rev. Jules Jones**  
**"Practical Spirituality, Part 2"**
- August 13<sup>th</sup>** **Warren Burdick**  
**"The Power of Substitution"**
- August 20<sup>th</sup>** **Nancy Walker**  
**"The Most Important Journey  
Is Yours"**
- August 27<sup>th</sup>** **Dr. Warren Chester**  
**"The Courage to Move Forward"**

## *Practitioner's Article*



Everywhere between thought and effect there exists the Medium that brings forth all expressions of life. It is always at work responding to thought, bringing together, and organizing whatever is necessary, manifesting the corresponding effect. We are an effect of that Creative Intelligence. The principle of thought, to affect is simply put, just how the whole universe works. The activity of our thought is always projecting into that Medium bringing forth our experiences.

Our Center exists because of the thoughts, of loving, interested people, going into the creative force for nearly sixty years! Art Harriman has been a part of our Center for many years more than even myself. He recently recalled, there was a time he was “the greeter, the speaker, and the choir” for our Sunday service. The “Squeaking Deacon” continues blessing us with his supporting thoughts and talents, always ready to help some more. For 22 years, I

have observed the Universe at work for us. From then to the present, every experience has revealed an amazing array of examples of activity of thought at work. The orchestration and synchronization bringing together all the right people, all our wonderful talent, the inspiring ministers, facilitators, teachers, generous supporters, volunteers, visionaries, and loyal loving friends, for our highest and best good is nothing short of miraculous.

Because I love to garden, I see life like a garden...the seeds and tiny plants we place into the medium of soil in spring produce their glorious effects in summer. Working a garden requires removing weeds and things harmful to the delicate plants. Spiritually speaking, this means to get rid of negative ideas like fear, doubts, or lack. Light is important in a garden. Understanding is important to my progress. Water nourishes my plants. Enlightenment nourishes my soul. Fertilizer enhances my garden. Faith ignites universal laws into action in my life. Knowing a daisy seed will produce a daisy plant exemplifies what I believe and expect.

Today we are all gardeners planting the gardens of our tomorrows. We live in a thoughtful universe full of Power, Intelligence, and limitless Potential. We have been blessed with finally understanding what It is and how It works. This is our gift. We get to use the power of thought and acceptance of our own creativity! What are you growing today?

In Love and Light,  
**Carolyn Dawley, RScP**  
***Practitioner***

**Center Board OFFICERS  
And Board of Trustees**

<i>President</i>	<i>Sherry Noone</i>
<i>Vice President</i>	<i>Carolyn Dawley</i>
<i>Secretary</i>	<i>Sherrie Kral</i>
<i>Treasurer</i>	<i>John Lewis</i>
<i>Members at Large</i>	<i>Tim Brigham</i> <i>Noreen Caswell</i> <i>K.C. Huffman</i>

We are so grateful for your help! And we could use a little more! Would anyone like to pick up the job of creating the Bill Board poster?

**June 2017 Financials**

Sunday Collections	\$ 3,504
Other income	<u>\$ 2,124</u>
Total income	\$ 5,628
Expenses	\$ 6,112
Net June Income	<b>(\$ 484)</b>

**June Attendance**

	<u>Adults</u>	<u>Children</u>
6/4	24	0
6/11	33	2
6/18	20	2
6/25	36	0
Totals	113	4
June Averages	28	1

**August Calendar**

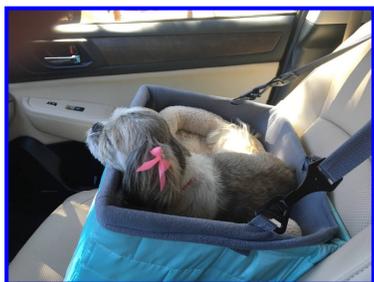
<i>August 2<sup>nd</sup></i>	<i>Meditation 10:00 a.m.</i> Carolyn Dawley's house
<i>August 9<sup>th</sup></i>	<i>Meditation, 10:00 a.m.</i> Carolyn Dawley's house
<i>August 13<sup>th</sup></i>	<b>BUCKAROO BALL</b> <b>4:00 p.m.</b> Inn at Fawnskin
<i>August 16<sup>th</sup></i>	<i>Meditation 10:00 a.m.</i> Carolyn Dawley's house
<i>August 20<sup>th</sup></i>	<b>Board Meeting</b> Following service at Center
<i>August 23<sup>rd</sup></i>	<i>Meditation 10:00 a.m.</i> Carolyn Dawley's house
<i>August 24<sup>th</sup></i>	<b>"Drumming in the Orchard"</b> Will be outside by Cindy & Mike Bode's house: 874 Pinon Lane (Take State Lane to Pinon, turn left) Bring Chairs & jackets. Phone: 909-585-7966
<i>August 30<sup>th</sup></i>	<i>Meditation 10:00 a.m.</i> Carolyn Dawley's house

**Our Prosperity**

*Notes from your Board about our July tithing*

The Board of Trustees has decided to tithe weekly, taking 10% from all income and give to people and organizations who feed our spirit. They have decided this month to tithe to Mindy Mathewson, Jennifer Gail, Gloria Meade, and Ali Benjamin

## What's the Haps...



♥ ♥ It is with deep sadness that we must inform you of the transition of **Holly Grandi** on July 22<sup>nd</sup>. She waited until Julie

came home after 3 months in hospital rehab and then left to be with John. Our hearts go out to Julie. This doggy was a sweet baby and stole many of our hearts. **Godspeed, Hollywog.** ♥ ♥

- **Coming Next Month** – an **Orientation Class** on Sept. 6 in the evening. Stay tuned for details. Also in September, a **Foundations Class**. Stay tuned for that, too!

## August Birthdays

**August 1<sup>st</sup>**     **Don Meline**

**August 2<sup>nd</sup>**     **Gleta Gaddis**

**August 4<sup>th</sup>**     **Fred Hinton**

**August 9<sup>th</sup>**     **Skylor Owens**

**August 16<sup>th</sup>**    **Sherry Noone**

**August 17<sup>th</sup>**    **Roger Culbertson**

**August 20**     **Margo Penardi**

**August 21<sup>st</sup>**    **Jane Hewitt**



## Book Review

### ***The Soul of Money: Transforming Your Relationship with Money and Life***

by [Lynne Twist](#)

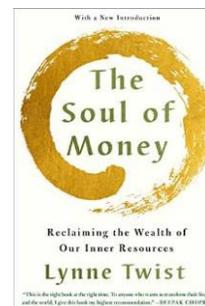
Publisher: W. W. Norton & Company; 1 edition  
(March 14, 2017)

Publication Date: April 4, 2017

"A life-changing read. With warmth, honesty, and storytelling, Lynne turns everything we think we know about money upside down...It's the book we all need right now." —Brené Brown, Ph.D., author of the #1 *New York Times* bestseller *Rising Strong*

This liberating book shows us that examining our attitudes toward money—earning it, spending it, and giving it away—offers surprising insight into our lives. Through personal stories and practical advice, Lynne Twist asks us to discover our relationship with money, understand how we use it, and by assessing our core human values, align our relationship with it to our desired goals. In doing so, we can transform our lives.

*The Soul of Money* now includes a foreword from Jack Canfield and a new introduction by Lynne Twist, in which she explores the effects of the Great Recession and environmental concerns about our monetary needs and aims.



**Mindy Mathewson**  
**Bookstore Manager**

*The Bear Valley Center for Spiritual Enrichment invites you  
to the most popular event in the valley!*

## ***Buckaroo Ball***

***Sunday, August 13, 2017 4:00 pm***

*at*

***The Inn at Fawnskin***

*880 Canyon Rd. Fawnskin*

***Live Country Music by  
"The Runnin' Kind"***

***Line Dancing, Two-Step,  
Cowboy Waltz!  
Barbeque Dinner with  
Cowboy Bob's  
famous baked beans  
Wine & Beer Bar***

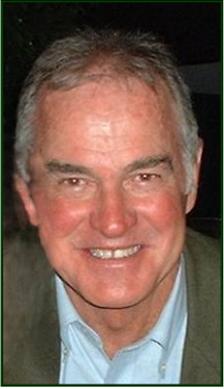
***Silent Auction~Live Auction~  
Opportunity Drawing for Baskets  
Tickets \$65.00 pp***



*Wear your best  
Western outfit!*

***Call now to reserve-this event sells out every year!  
(909) 866-3200***

## And now...A WORD FROM NEW HAMPSHIRE...



Along life's highway, someone said, "Music is therapeutic", so I've been in therapy all my life!

- First phase at age 6 seemed to include being accepted and making others happy at the same time.
- Phase 2 was the joy of being paid and loving the work that brought about lessons in giving because you don't always get paid and you still enjoy the work.
- Then the lesson in humility came along when someone in the audience told me that they thought I was a great "one-man band". So I asked one of my sisters how many "one-man bands" did she think there are in the world and she replied, "One less than you'd think."

• In the early 1970's playing drums in a pub band, the owner gave us a turkey for playing at Thanksgiving instead of cash. Well, I rebelled as I stomped out with my turkey. I came back 2 hours later and apologized and asked him to forgive me for my negative response. We shook hands and were able to laugh about it. I went back out to my car and felt thrilled to have surrendered my anger for humility. Music really is the language of love, so I say, "Play on!"

Art Harriman

## ADVERTISE!

Let your spiritual community know about the services and products you provide. *We want to support you!* You are invited to advertise your business in our monthly newsletter, which reaches over 300 people. Please provide camera-ready art and a check for \$25 to the church office (or any Board member) for the September issue by August 15<sup>th</sup>. Questions? Call 909-866-7100.

**Are you a Caregiver?**



*CarePartners of Bear Valley*  
is a support group providing friendly & insightful tips for caregivers of loved ones with Alzheimer's, dementia & other illnesses.



Please join us at 1 PM  
2nd & 4th Tuesdays  
Senior Center  
42651 Big Bear Blvd

For further information  
Please call Mary Andresen  
909-585-7958  
or Ellen Kesler  
909-585-1062

**Spiritual Journeys**  
ALL ARE WELCOME

**Wednesday Meditation Group 10 AM**

816 Mountain Lane  
Big Bear City, CA  
909-585-5350  
dwlyc@hotmail.com

CAROLYN DAWLEY, R.Sc.P.





Holly says....

**Attitude is everything  
SO....  
Pick a good one!**

*and pass it along....*